

**PATIENT CONTACT INFORMATION**

Name \_\_\_\_\_ Date \_\_\_\_\_  
First Middle Last

Address \_\_\_\_\_ Occupation \_\_\_\_\_  
Street

\_\_\_\_\_ Gender (circle) Male Female  
City State Zip Code

Best contact phone number \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

May we send or email you newsletters/health related mailings? yes  no

Email \_\_\_\_\_ Note: email is not HIPAA compliant and therefore not the best way to communicate health issues with your doctor.

Emergency contact \_\_\_\_\_  
Name Phone number Relationship

**REASON FOR VISIT**

What are your most important health concerns? Please list your present health concerns or symptoms:

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**HEALTH INFORMATION**

Do you have any allergies? yes  no   
 Please list allergies to drugs, foods or environmental factors and your reactions below.

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Do you take any of the following medications?

	No	Yes		No	Yes		No	Yes
Pain relievers (aspirin, ibuprofen, etc)	<input type="checkbox"/>	<input type="checkbox"/>	Antibiotics	<input type="checkbox"/>	<input type="checkbox"/>	Antacids	<input type="checkbox"/>	<input type="checkbox"/>
Blood thinners (warfarin, coumadin)	<input type="checkbox"/>	<input type="checkbox"/>	Heart medication	<input type="checkbox"/>	<input type="checkbox"/>	Laxatives	<input type="checkbox"/>	<input type="checkbox"/>
Cortisone (creams or pills)	<input type="checkbox"/>	<input type="checkbox"/>	Sleeping pills	<input type="checkbox"/>	<input type="checkbox"/>	Sedatives	<input type="checkbox"/>	<input type="checkbox"/>

Are you currently taking any prescription medications, over-the-counter medications, vitamins or other nutritional/herbal supplements? yes  no  If yes, please list them all below.

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What hospitalizations, surgeries or serious illnesses have you had?

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When was your last physical exam? \_\_\_\_\_ How about blood work? \_\_\_\_\_

Have you ever had acupuncture before? yes  no

How did you hear about us? \_\_\_\_\_

What do you do to manage your stress levels/what is your favorite thing to do?

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