



PATIENT CONTACT INFORMATION

Name _____ Date _____
First Middle Last

Address _____ Occupation _____
Street

_____ Gender (circle) Male Female
City State Zip Code

Best contact phone number _____ Age _____ DOB ____/____/____

May we send or email you newsletters/health related mailings? yes no

Email _____ Note: email is not HIPAA compliant and therefore not the best way to communicate health issues with your doctor.

Emergency contact _____
Name Phone number Relationship

REASON FOR VISIT

What are your most important health concerns? Please list your present health concerns or symptoms:

HEALTH INFORMATION

Do you have any allergies? yes no
 Please list allergies to drugs, foods or environmental factors and your reactions below.

Do you take any of the following medications?

	No	Yes		No	Yes		No	Yes
Pain relievers (aspirin, ibuprofen, etc)	<input type="checkbox"/>	<input type="checkbox"/>	Antibiotics	<input type="checkbox"/>	<input type="checkbox"/>	Antacids	<input type="checkbox"/>	<input type="checkbox"/>
Blood thinners (warfarin, coumadin)	<input type="checkbox"/>	<input type="checkbox"/>	Heart medication	<input type="checkbox"/>	<input type="checkbox"/>	Laxatives	<input type="checkbox"/>	<input type="checkbox"/>
Cortisone (creams or pills)	<input type="checkbox"/>	<input type="checkbox"/>	Sleeping pills	<input type="checkbox"/>	<input type="checkbox"/>	Sedatives	<input type="checkbox"/>	<input type="checkbox"/>

Are you currently taking any prescription medications, over-the-counter medications, vitamins or other nutritional/herbal supplements? yes no If yes, please list them all below.

What hospitalizations, surgeries or serious illnesses have you had?

When was your last physical exam? _____ How about blood work? _____

Have you ever had acupuncture before? yes no

How did you hear about us? _____

What do you do to manage your stress levels/what is your favorite thing to do?

